



## Dealing with fear

**Aim** self-reflection how to react to fear from internet contents

**Duration** around 20-40 min

**Number of participants** 2-8

**Difficulty** advanced

**Conditions** experienced moderators needed

**Material** Poster, drawing pens and black edding

### **Preparation**

Eventuell vorab recherchieren, was Angstmacher sein könnten

### **Description**

The children draw together on a poster what they do not want to see on the Internet or what frightens them. They inspire each other to create a brain storming. The goal is a poster with all scarecrows.

The finished poster is titled with an umbrella term, and the individual scaremongers are also named.

Thought-provoking impulses are e.g.: Why am I afraid of this content? How is this fear triggered? What does this content trigger in me?

**Source** Saferinternet.at/OIAT

**Link** <http://peerbox.at/?p=611>