

## Role play on cyberbullying

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| <b>Aim</b>                    | To cultivate empathy and compassion. This exercise is a good introduction to the topic of cyberbullying. |
| <b>Duration</b>               | 45 min; plan enough time for a discussion after the role play  |
| <b>Number of participants</b> | Minimum of 4   |
| <b>Difficulty</b>             | medium   |
| <b>Conditions</b>             | Room with a computer, beamer, etc.   |
| <b>Material</b>               | TV or computer/beamer, speakers, paper, pen, chairs  |

### Preparation

Prepare the video. Place five chairs in the middle of the room. Hand out one red, one yellow and one green card to each participant. A thorough preparation of the activity is important. If you feel insecure, ask your coach to assist you. The group should be willing to take part in a role play. Be prepared to facilitate the discussion.

### Description

Show the short film "Let's fight together" to the group ([www.youtube.com/watch?v=dubA2vhlrg](http://www.youtube.com/watch?v=dubA2vhlrg)). Watch the film up to the scene in which Joe's mother watches his video. Afterwards, ask the participants to express their mood by holding up the corresponding card: red = bad, yellow = OK, green = good.

Now ask the participants which people play a role in the video. Write down the names/roles on different cards and place them on the chairs. (Joe, students, teacher 1, teacher 2, mother).

Ask a volunteer to select a role and sit on the corresponding chair. This person has to put herself/himself into the shoes of the person (e.g. mother, Joe, teacher...). Only one chair at a time can be occupied. If you feel that they are hesitant, you can split them up into groups and assign one role to each group in order to make it easier to find volunteers.

Ask the person on the chair:

- 1) What are you thinking right now?
- 2) How do you feel?
- 3) What do you wish for?
- 4) How can this wish be fulfilled?

You as well as all other participants can ask further questions if they feel like it. As soon as one person is done, another one can take on a different role.

After the role play, discuss the film with the group and summarise ways to help Joe.

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| <b>Source</b> | Schulze-Krumpholz et. al. (2012): Medienhelden: Unterrichtsmanual zur Förderung von Medienkompetenz und Prävention von Cyber-Mobbing. Reinhardt-Verlag. |
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| <b>Link</b> | <a href="http://peerbox.at/?p=322">http://peerbox.at/?p=322</a> |
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