



## #tbt

**Aim** To think about which contents of one's own internet activities one would like to see also in the future, e.g. when using the hashtag #tbt (throwbackthursday)

**Duration** -

**Number of participants** any

**Difficulty** medium

**Conditions** Especially in a group, a trusting atmosphere is needed for reflecting on one's own/private pictures so nobody feels degraded.

**Material** Smartphone, website <https://tosdr.org/>

**Preparation**

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### Description

The participants go through their own web activities, e.g. on Instagram, and reflect which pictures of themselves they would post once again using the hashtag #tbt. Together they think of criteria for the selection of such pictures and contents.

**Source** OIAT/Saferinternet.at

**Link** <http://peerbox.at/?p=271>